BEYOND BLIND SPOTS PRESENTS

THE SECRETS TO CREATING YOUR EXTRAORDINARY LIFE

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Introduction

I look at what is happening around the world and feel an incredible sense of urgency. There is a disease more vicious than AIDS or cancer. It shows no prevalence for nationality or race, lifestyle or eating habits. It can attack anyone. This dis-ease is the separation of the individual from their spirit-the infinite creative, loving, guiding force that animates each of us.

When we are separated from spirit, we may feel isolated or victimized. We may feel depressed, dissatisfied, or desperate, unclear of how to make things better for ourselves. The way to move beyond this is to follow the voice of spirit. Though it may be hard to discern through the cacophony of messages we hear each day, it relentlessly offers direction to lift us up.

The Invitation offers a way to reconnect with spirit. It is a contribution to the work of so many others who are striving to help us improve our relationship with self and, therefore, with everyone else. It is an instruction book for the human spirit on how to consciously allow this most powerful force to create the life you want.

How To Use This Book

First, know that there are no coincidences. If you have purchased or have been given this book, you have the spiritual fortitude, discipline, and desire to have what you want from this lifetime. Read through the text as many times as you want. When you're ready, fill out the "Invitations" at the end of the book. Fill in one *to* three invitations at one time. Trying to do more than that will dilute your focus. Then read your invitations at least twice a day. You can even carry the booklet around.

You may find the concept hard to believe in the beginning. Don't worry about "how" your invitation will be answered. Just stay focused on what you want; do what you must to maintain a positive attitude and expect good things to come your way.

Your Life Is An Invitation

More accurately, your life is a series of invitations-sent by your thoughts to the Creative System which I will define as God's "All That Is" Fulfillment Center. There, in this infinite space, is everything and anything imaginable. Every tool, every option, every idea you could ever create is just waiting to be called through your imagination into being by your thoughts.

We all have a creative spirit. Creativity is not limited to the arts. To create is defined as, "to bring into being, to give rise to." Everything we think, feel, and do is a creation. Every creation has a frequency, a feeling to it.

These frequencies range from high to low, from positive to negative. You have probably heard the adages, "What goes around, comes around," or "Birds of a feather flock together," or "Do unto others as you would have them do unto you." The premise here is *like* attracts *like*. What you invite with your thought, the "All That Is" Fulfillment Center sets about to fulfill-always.

Request And Expect Success

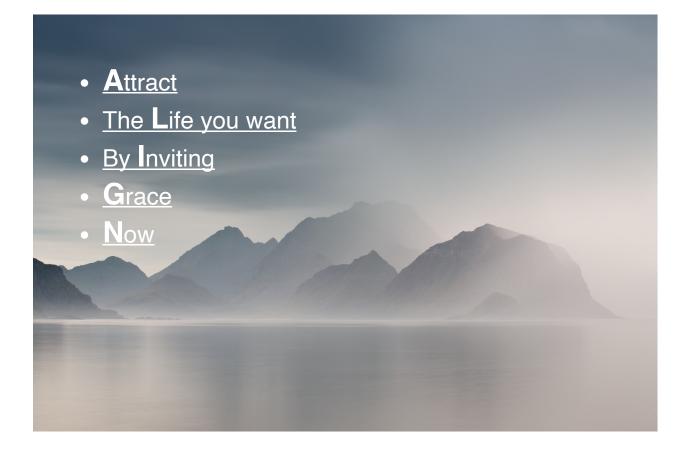
Your greatest responsibility in creating the life you want is to continuously review what is or is not working for you. You do this so that you will have *clarity* about your life. When we have clarity regarding our desires, we make better decisions-which leads to more accurate, satisfying results. Without clarity, we may find ourselves spending time on things or with people that are not exactly what we want. We may find ourselves distracted- for a lifetime.

To create the life you want, you must expect it to happen. This doesn't mean you can sit on your couch and expect whatever you want to just drop in your lap. You still have to do your part, be responsible and accountable for your dreams. But expecting your desires to be fulfilled is a sign of your empowerment. It reflects your commitment to you. Why not you? Why not your idea? You may need to change priorities, redirect resources - time and or money-to do your part and then simply believe.

A strong belief is confidence and confidence attracts results. Which leads us to the process .

The Process - Get This!

You live in a creative system. There are no rules or limits-just constant change. You have been sending invitations to the "All That Is" Fulfillment Center all of your life, although most of the time unconsciously. Reading *The Invitation* will help you to more consciously create more of what you want in your life by **ALIGN**ing:



There Are No Rules

Okay, perhaps the statement, "There are no rules" is too bold to believe. How does, *here are no limits* feel? Consider this, what we collectively agree to as *rules*, like everything else, are constantly changing. And while rules absolutely help control the chaos, they too must change when conditions require it.

So, rules are really more like placeholders. They establish ranges and boundaries until someone innovates beyond them. Think Internet. Think iPhone. Think Trans-Atlantic flight. Think polio vaccine. Think Petronas Towers in Malaysia.

Beyond The Rules

We have all had a *beyond the rules* experience. Perhaps, you've had an "outside of the school district" experience where you or someone you know has managed to get their child into their school of choice, even though they are "outside" of the district. Or perhaps you or someone else got a job that was supposed to be filled by an internal hire. Perhaps, you've observed a "miracle" -the man who was never *supposed* to walk again, only to ultimately run a marathon. How about the mother who lifted a car to save her child or the child who walked out of a burning house with his dog in his arms? *Beyond the rules* observances go on and on.

The point I'm trying to make is not about blatantly disregarding rules. It is about what we each have the power to do with sufficient focus, intention, and commitment. It is about the creative power, hidden resolve, which can surface when we are determined to get what we want. This power that is manifested through the Creative System has no bias. No request is better than another.

No request is harder to fulfill than another. The *II* All That Is" Fulfillment Center simply responds to the intensity and consistency of our creative direction. The way we direct our creative power can create or destroy. Understanding this is key. This power is at your disposal. You decide whether to consciously direct it or unconsciously waste each day, each moment.

The Power of Clarity

We are all powerful, creative beings who, for the most part, leave our power *un-channeled* and *un-directed* because we lack clarity around our desires. The result is that we *mis-create* all over the place, never really getting what we want.

Being truthful with ourselves about our feelings on every subject leads to clarity, making it easier for the Fulfillment Center to deliver exactly what we ask for.

Attract What You Want

Once you're clear on what you want, your thoughts and feelings send invitations to the "All That Is" Fulfillment Center to bring you what you desire. While action may seem to be the most potent form of creation, it is simply the result of your most powerfully focused thoughts. Again, it all starts with thought.

It's All Possible

Anything is possible. From physicists to philosophers to religious leaders, no one can prove or disprove the source of origin. We have only what we believe. Regardless of what we believe, one thing remains true - change is constant.

But what is change? It is creation-over and over and over again.

Guess what? We do not have to be at the mercy of our environments. Whether or not you believe in a unifying source or God, you know that the creative force is within you. Therefore, the power to change your life lies within you.

Now Really Make It Go with Feeling

If you' re feeling good, you' re broadcasting good vibrations and inviting more goodness to you. If you're feeling badly, you are broadcasting lower vibrations and inviting more of the same to you. The key is to recognize what you're feeling and then do whatever you must to shift out of the lower vibrations.

Tools for doing this include:

- changing your location go outside or to a different room
- putting on inspirational music-whatever "speaks" to you, but nothing sad or melancholy
- exercising
- doing something physical with your hands cook, clean, or something artistic (symbolically and literally it is through the hands that we bring things into the physical plane. Doing things with the hands can help get the energy moving in a more positive direction.)
- writing in a journal, just free flow whatever ideas come to you
- spending time with a pet or someone you love
- reading something that inspires you doing a random act of kindness

Just remember that as you decide what you want, pay attention to how you feel and go for the highest positive feeling you can muster.



Stay On Course with Focus and Intention

Applying focus and intention to your desire brings it into the world.

Focus is what we pay attention to and how we use our resources. Intention is how much heart we put into it.

By consciously and consistently focusing on what we want - **NOT WHAT WE DON'T WANT** - we can attract the things we desire.

For example, let's say that you wanted to invite a successful presentation at work; but the whole time you' re trying to focus on success, you' re simultaneously thinking, "I don't have the experience. I'm not sure that I did enough analysis. Half the team doesn't really know what they're doing ..." The doubt will sabotage your initial request.

However, let's say all those other circumstances were true, but you focused on doing a great job, getting exactly the insight you needed, and collaborating with people who could help the most. The Universe will respond as though you sent your request by express mail and everything you need the people, the information, the things you need will cross your path. No rules, no limits, one law attraction.

The Imagination Is A Level Playing Field

The arena of thought is a level playing field. There is no bias with imagination. No favorites, no limits. Everyone has access.

If you entertain a thought long enough, you'll create a belief. Beliefs are like directed pathways to creation. Beliefs can be limiting or supporting.

In either case, they help to create more of the same. So what are your limiting beliefs around power, gender, race, age, economic status, perfectionism, your ability to achieve? If they are anything other than open to possibility, they are holding you back. If you want something new, you need a "new groove."

NOTE: I've already mentioned that the Creative System answers all requests and that we have the power to create or destroy. You must understand that you cannot create in another person's reality.

Never attempt to manipulate another person through the use of your creative power. It will be frustrating at best and destructive at worst. We have each been given the power of personal choice. Any creation that involves another person must be a cocreation. In the end, they have the choice whether or not to join you in the creation. You can, of course, choose to send prayers of support or healing to another; but again, in the end, it is their choice whether to accept it.

Powerful Creation

The *feelings* you have, as you create your thoughts, directly affect the quality of the invitation and therefore the response by the Creative System. The more intense the feeling, the more power in the request. Think express mail. The less intense the feeling, the less power behind the request. Think snail mail.

The tricky thing is that any intense emotion - good or bad-works just as powerfully to accelerate manifestation. You can really, really love something and create more of it; or you can really, really hate something and create more of it. What you're focused on and how intensely you concentrate on it speeds creation. Passion and enthusiasm create. Ambivalence does not.



The Life You Want

The life you want, wants you. The trick is to ask for what you want and then expect it to come. You already think it. And as we've discussed, your thoughts are invitations to the Creative System, which is happy to RSVP. However, we often short-change ourselves by trying to answer the "how" ourselves. And when we can't see a reasonable course of action, we abandon the request, thinking, "Oh, it will never happen" or "I can't do that." And like a gracious guest, the Creative System responds to that invitation, "No, you can't do that."

The limits we experience in our lives come from within, not from outside. What do you really want, not sort of want, but really want and how would you like it? Remember thoughts have power. Every thought has power. The Creative System is unbiased. So, if you think or say, "Gee, I'd really like to spend more quality time with my family." The invitation is sent. However, if you follow that thought with, "But I can't because my job takes up so much time." The gracious Fulfillment Center agrees. No one denied you the time with your family. You denied yourself by sending a nullifying invitation - "No actually, don't help me. create the time because I see that my job takes up more time."

While things at work are moving along just fine, if you give more positive thought and enthusiasm to your desire by visualizing yourself with your family, you will put positive emotion behind it and your request will be sent via express mail!

The beauty of the Invitation is that you don't have to sweat it out or figure it out. You can release the oppressive bind of the mind's need for rationale or logic-the "why or how" and simply focus on the "what."

When we need to know "why or how," we are trying to predict an outcome based on our incredibly limited experience. Logic requires history. "If this, then that." But history is finished, beyond any other creative opportunity. It's done.

The only way to create is in the here and now present moment-with an eye towards your desire.

And we *do* create, moment-to-moment, with our thoughts. Which is why we must discipline ourselves to think only of what we want, not what we don't want or don't have.

By Inviting Grace Now

Grace

Grace: (gras) *n*. Seemingly effortless beauty, ease and charm of movement, form or proportion. 2. A charming or pleasing quality or characteristic. 3. Skill at avoiding an improper, inept or clumsy course. 4. Good will: favor. 5. Divine love and protection given to mankind by God.

We must stop trying to control everything. We really control nothing but our response to everything else. Reactions are involuntary; responses do not have to be.

Circumstances and other people are never truly in our control. We can invite the things we want but never control how they come to us. We spend a great deal of time trying to direct the "how." Our job is to focus on the "what" of our lives.

It's time to get out of our own way. What does that mean?

- Stop trying to figure it all out in advance.
- Stop self-imposing limits in a Creative System that has no limits.
- Stop trying to control the direction of other adults and focus on your thoughts and actions. Your happiness comes from inside you, not from the actions of others.
- Stop blaming and complaining. No one else can direct your decision and commitment to something better than you. And no amount of complaining will bring about the change you seek So just stop.

Protecting and defending creates barriers. The only thing that matters is that you can control your attitude and response. Everything else circumstance, other people, events - are out of your control.

You are powerful beyond your comprehension. So, no matter how far you go, if you want to, you can go farther.

Invite positive intention to be your operating guide. Compare the following:

- I wish I could find my dream house.
- I hope to find my dream house.
- I intend to find my dream house.

Which feels more deliberate? Stronger? I wish. I hope. I intend.

"Intend?" Indeed! When you intend to do something, you are making a declaration, a commitment which has more emotion and personal power than a wish or a hope. You claim it.

The most constructive way to direct your creative power is by setting positive intentions from moment-to-moment; one activity to the next.



Decide what you want and that it can be possible, even if you don't know how.



Declare the quality of your Intention.

For example, upon rising in the morning, declare what you want your day to be like. '*Tm rising with energy and joy.* " As you drive in your car to work, declare how you would like the drive to be in present tense as though it is happening at that moment. "*I find the safest, most expedient route to work.*" As you arrive at work, declare how you want your co-workers and environment to be. "*I walk with harmony and easy collaboration throughout my work day.*"

Declaring in the present tense, capitalizes on the power of the present, which is the only true creative moment. We claim it as though it is already done.

When we speak in future tense, "I will find or I will walk ... " we speak of eventualities, which could go on and on.

It may feel hokey in the beginning. But by doing this, you greatly reduce the likelihood of finding yourself unwillingly in the middle of someone else's drama. When we don't decide and declare our intentions, our focus is weak and we can find ourselves misdirected.

As For The Now

Struggle is a mind game. Joyful living comes from the heart. Our emotions are our guidance system. Happiness is an indicator that you are in alignment-body, mind, spirit. If you are unhappy, something is out of alignment and needs to be addressed.

Remain in the power of the creative moment, now. Dragging yesterday's failures or successes into today has no creative power. How do you know if you're doing it right? Well, how do you feel? The goal is to feel great.

Ok, So Now What?

If it seems like what you desire is not coming, consider the following.

Are You Sabotaging With Doubt?

You could be sabotaging your desires by giving time and space to your doubts.

Instead, **ALIGN** with what you would prefer.

You Don't Know It All

Hey, you don't know what you don't know! You only know the tiniest fraction of the many ways something could come to you. So when you dream, maintain a perspective of possibility.

Your Level Of Enthusiasm

Remember, emotion acts like an accelerant. If you don't feel enthusiastic, something about your request is still out of alignment. Is it what you really want? Is it something you feel you must do, even though it is unpleasant? If so, decide to complete it with efficiency and ease.

Other Priorities

Where is your attention? Is it consistently on your desire or does something else need your attention first? Pay attention to what you notice and where you' re spending your time. If your attention is too greatly divided, you will not attract with intensity.

The Size Or Complexity Of The Request

If you feel overwhelmed by your request, you may shut down or become paralyzed creatively. Step back and break your desire into smaller parts. Go from step A to B, instead of trying to go from A to Z.



The Law Of Example

You must lead your own life. No one will grant you permission. You must treat yourself the way you expect others to treat you. You must live your life in integrity if you want others to respond to the real you. If *you* don't claim the life you desire for yourself, who will?

The law of example says that you must first know yourself, what is true for you and only then can you be of your greatest good to others.

The beautiful thing about living the Invitation is that you give to others by living your best life. Now it's time to send your invitations. On the following pages are blank invitations that you can complete to help you create your desire. Eventually, you will not need the sheets at all.

Your Invitation

I am surrounded by only the greatest good. I invite and offer only the greatest good. There are no rules or limits to what I can accomplish.

Nothing stands in my way. And by living this example, I help myself and the planet.

I request and expect:

This accomplishment makes me feel:

By bringing this into my life, I am contributing to my own harmony and therefore the harmony of the world.

Your Invitation

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More Information

The Invitation, The Secrets To Creating Your Extraordinary Life

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